



EO Mega[®]+ | Essential Oil Omega Complex
90 Softgels

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Primary Benefits

- + Supportive but inconclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.
- + Helps maintain a healthy lipid profile already in a normal range.*
- + DHA, an omega-3 fatty acid in dōTERRA EO Mega+ Softgel, is a critical component for brain health and may support a healthy nervous system and healthy cognitive function.*
- + Supports a healthy respiratory system.*
- + Promotes healthy vascular endothelial function.*
- + Helps to balance omega-3 and omega-6 fatty acids in the blood.*
- + Helps maintain visual acuity throughout life.*
- + May help you feel fuller between meals.*
- + Preclinical research suggests that limonene, a component of dōTERRA EO Mega+ Softgel, promotes a healthy metabolism when taken internally.*
- + Preclinical research suggests that limonene, a component of dōTERRA EO Mega+ Softgel, promotes a healthy gastrointestinal system when taken internally.*

Description

EO Mega[®]+ Essential Oil Omega Complex is a premium blend of omega fatty acids derived from wild-caught fish off the coast of Norway, providing clean, pure, and traceable fish oil. It also contains CPTG Certified Pure Tested Grade[®] Wild Orange essential oil to enhance the user experience and contribute various health benefits because of its limonene content. Each serving delivers 900mg of essential fatty acids, including 800mg of omega-3 fatty acids EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid), which are known for their exceptional health benefits. Essential fatty acids are crucial nutrients for maintaining overall health and vitality; they play a vital role in heart health, cell growth, brain development, muscle activity, immune function, skin, eye and metabolic health, and joint health.* Since the body cannot produce these essential nutrients on its own, they must be obtained through diet. That's where EO Mega+ comes in, filling this nutritional gap by providing a convenient source of essential fatty acids to support optimal bodily functions.*

Directions

Take 3 softgels per day with food.

Cautions

Keep out of the reach of children. Pregnant or nursing women and people with known medical conditions should consult a physician before using. Do not use if safety seal is broken or missing. Store in a dark, cool, dry place.

Contains fish (cod, cusk, haddock, herring, ling, mackerel, pollock, deepwater redfish, whiting, blue whiting)

Ingredients

Fish oil, wild orange essential oil, water, tapioca starch, glycerin, maltitol syrup, mixed tocopherols

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.